

IN TOUCH



SCC MONTHLY NEWS - ISSUE 99 APRIL 2024





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April 2024

Our cover features the red poppy. A symbol of remembrance of those who died or suffered in wars, conflicts and peacekeeping operations.

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MARCH IN TOUCH

Church Times

Our Lady of the
Way Chapel

Wednesday

9:30am
Mass

Friday

4:00pm
Mass

Sunday
Ecumenical
Service

10:00am
The 1st and
3rd Sundays

Anzac Day Service

Thursday 25th April

11am

at the Anzac Memorial.

All Welcome.



Daylight Saving Ends on
Sunday 7th April.

A reminder to turn your clocks
back One Hour.

Remember that your mobile, tablet, smart
watch should automatically update.

A Prayer for Peace in Israel and Palestine

"They will not hurt or destroy on all my holy mountain..." Isaiah 11:9

God of Comfort,

Send your spirit to encompass all those whose lives are torn apart by violence and death
in Israel and Palestine.

You are the advocate of the oppressed and the One whose eye is on the sparrow.
Let arms reach out in healing, rather than aggression.
Let hearts mourn rather than militarize.

God of Justice,

Give strength to those whose long work for a just peace might seem fruitless now.
Strengthen their resolve.

Do not let them feel alone. Show us how to support their work
and bolster their courage. Guide religious leaders to model unity and
reconciliation across lines of division.

Guide political leaders to listen with their hearts as they seek peace and pursue it.
Help all people choose the rigorous path of just peace and disavow violence.

God of Love,

We lift up Palestine and Israel - its people, its land, its creatures.

War is a monster that consumes everything in its path.

Peace is a gift shared at meals of memory with Christians, Muslims, and Jews.

Let us burn incense, not children. Let us break bread, not bodies.

Let us plant olive groves, not cemeteries.

We beg for love and compassion to prevail on all your holy mountains.

God of Hope,

We lift up the cities of the region: Gaza City and Tel Aviv, Ramallah and Ashkelon,
Deir El Balah and Sderot, so long divided, yet so filled with life and creativity.

Come again to breathe peace on your peoples that all may recognise you.

God of Mercy,

Even now work on the hearts of combatants to choose life over death, reconciliation over
retaliation, restoration over destruction,

Help us resist antisemitism in all its forms, especially in our own churches.

All people, Israelis and Palestinians, deserve to live in peace and unafraid, with a right to
determine their future together.

Rose Marie Berger - Sojourners

October 9 2023



GROWING OLDER GRACEFULLY

SR ANNE HENSON

Easter is a moveable feast, celebrated on the first Sunday after the full moon after the spring equinox in the Northern Hemisphere. It is the beginning of Eastertide, a period of fifty days until Pentecost.

Easter is the most important feast in the Christian calendar. The death of Jesus on Good Friday followed by his resurrection from the dead three days later, is the foundation of Christian faith. It is linked to the Jewish Passover in that the events commemorated took place at the feast of Passover about the year 30 A.D. It also has links to an ancient pagan culture celebrating the spring equinox in the northern hemisphere.

Those are the facts about Easter. Now for the fiction. This is where the Easter Bunny hops into the scene. The bunny probably comes from pagan tradition, namely the festival of Eostre, the goddess of fertility whose symbol was a bunny. Bunnies are prolific breeders, hence a symbol of life. Eggs too, symbolise life, new life and rebirth. Easter eggs!

In Australia, rabbits can reach plague proportions so there is a move to have our own native Easter bilby! Bilbies join the other animals of the season: lambs for the Passover meal and doves for peace, Christ's gift at Easter.

Easter nowadays is marked by four days of public holidays and is a major commercial event. The sale of Easter eggs and hot cross buns keeps cash registers busy. It is also a popular time for sporting events and of course, the Royal Easter Show.

So much for fact, fiction and fun. Now for faith. For Christians, Easter is the season of joy, heralded in churches by the ringing of

bells, joyful hymns, the light of the Easter Fire and the Paschal Candle. In the words of St. Augustine of Hippo: "We are an Easter people and Alleluia is our song".

For believers, the resurrection of Jesus means that he is faithful to his promises and this strengthens our hope in life after death. After his resurrection, Jesus greeted his disciples on three occasions with the words: "Peace be with you". This is his Easter gift. As we reflect on peace and hope this Easter, we pray for peace for ourselves, our families, our community and our troubled world. We think especially of the Middle East, the very part of the world where Jesus lived, died and rose again.

You will find a prayer for peace in the Middle East in this issue of In Touch. It is one of several in circulation indicating the intense longing we have for an end to the loss of lives, especially of innocent children. I invite you to pray for peace in whatever way expresses your longing. At the same time, let the joy of Eastertide, strengthen your hope that peace is possible.

May you be blessed with the peace, joy and hope of the Risen Lord, Alleluia!

Sr. Anne Henson
Marian Grove Resident.





IN THE SPIRIT

MATT DIGGES

Changes

Easter always marks changes. The experience of shorter and cooler days is exacerbated by the end of daylight saving. With the heat gone we enter the time of steady growth built on the firm foundations of the start of the year.

So far this year we have welcomed new residents, farewelled some long term and well-loved community members, and prepared ourselves for the challenges that will inevitably be ahead. Two celebrations guide and prepare us for these changes.

Easter celebrates a feeble ray of light renewing our world. The darkness and desolation experienced by his followers after the death of Jesus exploded into light at the empty tomb. Through the resurrection, the wounded Christ was transformed into the symbol of victory over death and destruction. Nothing has ever been the same since the first Easter morning. Hope entered our world and has been accessible ever since. Seas may become rough, evil may exist, but the storm will always pass and evil will be suppressed.

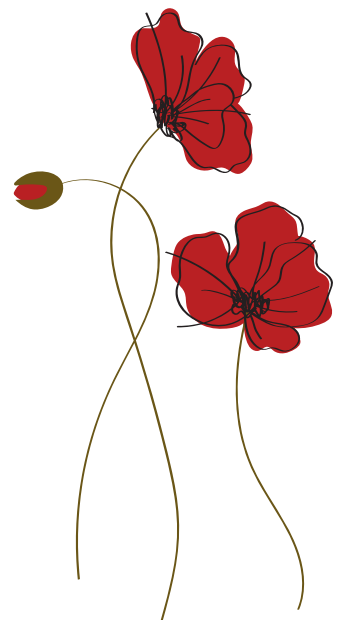
Anzac Day reminds Australians of our national spirit. In 1916, this spirit of camaraderie against almost insurmountable odds took the Christian ideal of sacrifice for our neighbour and embedded it into our national psyche. Rarely do two opposing sides count the same battle as so seminally important as do Australians and Turks.

So that is us, conscious of our environment, steeped in our faith, and held in a culture of self-sacrifice for the good of others.

May this hope hold and guide us throughout this year.

Matt Digges

Director of Mission





VILLAGE NEWS

KAREN MARTIN

The seasons go by so quickly, it is nearly time to say goodbye to daylight saving for another year. Daylight saving will end on Sunday, April 7 at 3am. Please turn back your clock one hour. We recommend you do this prior to going to bed on Saturday night.

Safety Link Systems are a monitored 24/7 emergency assistance system. Please press your safety link button in the event of a medical emergency. If you encounter any other situations where non-emergency assistance is required, please call reception 6653 1241.



Coffee Cart morning teas have continued to flourish. Our recent event was very successful, with many residents commenting on how much they enjoy catching up with their neighbours for a friendly chat. The community connections that are formed through these casual events are integral to maintaining our welcoming and inclusive community.

Our Luncheon for March was well patronized, with over 80 residents attending. To celebrate Seniors' Week, the Function Coordinators Committee subsidized this event for the

bargain price of \$7. Thank you to Kath Derrett for the delicious cupcakes, frosted green to celebrate St Patricks' Day.



The Administration Building is nearing refurbishment completion. Our Home Care and Pastoral Care team will return to the building in the first instance, with Marian Grove Administration to follow a few weeks later. We are anticipating commencing transition back to the administration building in April 2024.

Karen Martin
Village Manager

RESIDENTS' LUNCHEON



MG RESIDENTS' COMMITTEE

On Friday, 17th May 2024 we will be holding our Annual General Meeting for residents of Marian Grove Village.

The present Committee will stand down and nominations for election for the new committee will take place between 22nd April – 30th April.

Whilst it is very important that we give some serious thought to the nomination of the new committee, there is also another area that requires our attention.

It is time for each of us to consider in what way we can offer our assistance in support of our Village community. I appreciate that not everyone can sit on the committee, but we can and should give serious consideration to deciding how we can play our part in whatever way we can.

At this time, one of the most important and outstanding concerns is the lack of people coming forward to volunteer their time, effort or expertise in one or any of the activities offered to our residents.

For many years the same residents have coordinated activities such as the monthly BBQs, the residents'

lunches and the bingo sessions amongst others. For many activities the only offer of help needed is the preparation, setting up, tidying up or shopping for supplies required.

When volunteering, it is important to remember that no one is ever expected to take over responsibility or to give more of their time than they can manage. If you can spare a little time each month please consider leaving your name and phone number on the Village Volunteers sheet which will be provided in the Recreation Centre during the Annual General Meeting.

If for any reason you cannot attend the AGM but would be happy to add your name to the Volunteers list, you can contact me by email (marrymcmamara@bigpond.com) or phone (6658 6649)

Let's all work together as we support this great community of Marian Grove Village.

Mary McNamara
Committee Chairperson

Blessing of the Statue of St Joseph

Wednesday 20th March saw residents, parish friends and leaders gather outside Our Lady of the Way Chapel for the blessing of the statue of St Joseph. Morning tea was then enjoyed by the large group.

Christians remember St Joseph as the quiet and faithful foster father of Jesus and husband of Mary. As a carpenter he is the patron saint of workers. Since it is assumed he died in the presence of Jesus and Mary, he is also patron of a happy death.

The statue of St Joseph was cleaned and placed by the SCC Grounds Team after being in storage for some years. The plants were organised by the Boambee Josephites, remembering the contribution of Sr Fidelis to the parish and Marian Grove.

The Mouth of Truth, which previously occupied this space, has found a new home behind Cedar House.





DON REPORT

MERCY KURINYEPA

The importance of Anzac Day

Commemorating Anzac Day, we are proud to say, remains a “constant part” of SCC life. We honour our veterans who live with us in Residential Care, in our Independent Living Village and our Home Care and Veterans Services clients residing in our community.

Parkinson’s Awareness Month

April is Parkinson’s Awareness Month, with World Parkinson’s Day recognised on 11 April each year. This time gives us an opportunity to focus on the many challenges for our people who present with Parkinson’s Disease. Here at Mater Christi, we have a number of residents with a diagnosis of Parkinson’s disease.

In our management of this very complex disease, we have a multidisciplinary approach to care, including care staff, nursing, medicine and allied health.

Parkinson’s is a movement and mood disorder typically presenting with symptoms such as slowness of movement, muscle rigidity, instability and tremor, which can lead to depression and anxiety. A diagnosis can occur at any age with the most common age of diagnosis being 65.

There is no known cause for the development of Parkinson’s, however it is thought that a combination of the following may play a role:

- Ageing
- Infection
- Genetics
- Environmental factors
- Pesticides
- Toxins
- Drugs and medications

If we are to maintain optimal independence and quality of life for our residents, we must constantly monitor our people, and review falls and ask the questions “What may have exacerbated or contributed to falling?” and “How can we intervene?” This may include a review of the immediate environment, obstacles, and medications, and the investigation of acute presentations like infection, constipation or dehydration.

There is no cure for Parkinson’s Disease, but there are effective treatment and therapy options that can help manage symptoms so people with Parkinson’s Disease can continue to enjoy many years of independent and live productive lives.

There is still much to learn about what causes Parkinson’s Disease, but research is ongoing and there is every hope that outcomes for people with Parkinson’s Disease will continue to improve and that ultimately there will be a cure. In the meantime, organisations like Parkinson’s NSW will continue to offer information, education, counselling, advocacy, and support. More information can be found on the Parkinson’s NSW website at www.parkinsonsnsw.org.au/what-is-parkinsons.

Until next time

Mercy Kurinyepa
Director of Nursing



MATER MATTERS

Faith in Action with JPC

Residents are enjoying the Faith in Action program with John Paul College students, on Fridays. They are participating in a "Sip and Paint" and sharing their talents with each other.

Other activities with JPC students, include Christian Service and Prayer and Reflection.



ANZAC Day 25th April

There will be no Mater Christi shopping outing on Thursday 25th April.



MATER MATTERS

House 2 residents outing to Boambee Bay

Unfortunately the kiosk is now closed at Boambee Bay, but that didn't stop us enjoying the scenery and being with the calm waters and nature. Packing our own afternoon tea, we headed down to Boambee Bay reserve with H2 residents and had a wonderful afternoon.





MATER MATTERS

SENIORS WEEK

Residents “Reached Beyond” in Seniors Week as we tried our hand at making our own Terrariums at the link.

Some residents did their best to make some origami Bunnies and Penguins. We did try a beautiful butterfly but let’s just say it stayed in a tight little cocoon.



ST PATRICK’S DAY CONCERT

What a delightful afternoon we had celebrating St Patrick’s Day on Friday 15th March. Once again we were blown away by the collaboration of Julie Ross Dancers and Marian Grove Ukulele Group!





ANZAC BISCUITS

Ingredients:

- 125 grams (4oz) butter, chopped
- 2 tablespoons golden syrup or treacle
- 1/2 teaspoon bicarbonate of soda (baking soda)
- 2 tablespoons boiling water
- 1 cup (90g) rolled oats
- 1 cup (150g) plain flour
- 1 cup (220g) firmly packed brown sugar
- 3/4 cup (60g) desiccated coconut

Method:

1. Preheat oven to 180°C/350°F. Grease two large oven trays; line with baking paper.
2. Stir butter and syrup in a medium saucepan over low heat until smooth. Stir in combined soda and the water, then remaining ingredients.
3. Roll level tablespoons of mixture into balls; place 5cm (2in) apart on lined trays, then flatten slightly.
4. Bake for 12 minutes or until golden. Cool biscuits on trays.



Recipe from: www.womensweeklyfood.com.au



From the Parish Office

For the next few months
there is a change in the
Parish Office hours...

Monday to Tuesday
by Appt only
call to book

Wednesday to Friday
9-3.30pm

After hours call
6658 3544 press 3



Daylight saving ends at 3am,
on Sunday 7 April 2024.



Sunday, 7 April 2024, 3am
clocks are turned backward 1 hour
to 2am local standard time instead

PLEASE NOTE

Saturday Vigil Mass will change from
6pm to 5pm

On Saturday, 13th April 2024

Have a Happy & Holy Easter

“The disciple who had reached the tomb
first also went in; he saw and he believed”



John 20:8

THE LINK

'flourish'

FOLDED BOOK WORKSHOP

WITH ROBYN LAWRENCE



DATE: TUESDAY 7TH MAY 2024

TIME: 9AM TO 3PM

VENUE: THE LINK - 631 HOGBIN DRIVE, TOORMINA

COST: \$10 PER PERSON PAYABLE ON THE DAY- PLEASE BRING ALONG ANY SMALL DECORATIVE PIECES NO LARGER THAN 9CM OR 3"X 3" SUCH AS PHOTOS, ARTWORK, FLORAL PICTURES FOR THE COVER & INSIDE.

REGISTER/RSVP: MONDAY 29TH APRIL 2024 TO THE LINK ON 02 66 38 99 11 OR EMAIL LINK@SCCA.NET.AU LIMITED PLACES AVAILABLE- MAXIMUM 8 ATTENDEES





Community Corner

Origin of The Easter Bunny

Did you know That the Easter bunny used to be called the Easter Hare? The tradition or custom originated in Europe and has come to Australia with the many European migrants over the years.

Australia is in the season of Autumn when Easter comes around. But in the Northern Hemisphere the season is Spring after the ground has been covered with the snow of winter. In winter it is very cold and a lot of animals are hibernating.

Spring brings new life to plants and animals. Bulbs and flowers blossom. In Europe many hares are to be seen. It has been said that the hare delivers the many Easter Eggs found by children as they search in the woodlands at Easter time. In Australia, children search in gardens for Easter Eggs that are left by the Easter Bunny (or so children believe).

Flowers, Chicken, eggs and bunnies adorn Easter products. Easter hat parades also symbolise Easter with such adornments/ These all symbolise new life. which is at the heart of Christian faith.

Joan Kirk and the paper craft group have enjoyed crafting these lovely Easter Bunny cards for their family, with this special Easter Bunny Origin Story inside.



GROUNDS & MAINTENANCE TEAM



Jay Foran



Nathan Sciortino



Lachie Grannall



Roland Sciortino



Garry Brown



Josh Ives



Community Corner

A Drover's Memories

Never thought I would see the day when I would pack up, move with my wife, Marie, in tow from Bombala NSW near the Snowy Mountains after my family had been in Bombala for many generations. But move, we did to be closer to our only son, Rod, who had been in the Toormina area for quite a few years with his family. I did wonder how on earth I would fill in my days - no horses, no sheep, no dogs - just what would I do?

Anyway, time came, discussions made and Marian Grove here we come! We moved into Unit 70 Curlew Crescent and, yes, we love it! Neighbours all lovely and very sociable. We had no idea just what to expect - bush people, country bumpkins off to the city!

We had lost our eldest son in a mining accident just weeks before the big move but we were glad that Clark, our son, had known about the move before it happened.

So, what to do? Many country people had taught me plenty as a boy to make rope, whips, leather belts, bull halters from baler twine and leather and so I made room for a bit of a workshop in the front of the car in the driveway. As I work on the front patio all who pass, stop and watch and have a bit of a yarn!

I have done plenty with stock, managing four and half thousand acres in all 35 years. I broke in all my horses, was 'pick up' man in rodeo rings, played A Grade Polocross, drove

cattle from Tambo in Queensland to Lake Nash, N.T. for many weeks, and had another droving job around Winton Qld. What a life out in the open, camping and riding horses which I love, out in the bush for many weeks sleeping in my swag out under the stars. Horses have always been my love. It really was a very big decision we had to make but we do feel we have settled well, hoping our friendship is appreciated as we like to be a happy friendly couple.

As well as droving I've captained and volunteered for 60 years as a rural fire fighter. Our son and grandsons now follow in my footsteps.

It's been a great life and Marie and I now enjoy the memories and new friendships during this time here in Marian Grove.

Doug Peadon





AROUND THE GROUNDS

Hello and welcome to the April issue of Around the Grounds. This will be my last contribution for a while as I (temporarily) hand the Supervisor reins over to Jay Foran. I'm sure you will offer the same support to Jay that you have given to me.

MEX Request Management System

We remind residents that every request **MUST** be lodged into MEX via Village Reception as requests have to be linked to the relevant asset for accurate input into the Village Asset Management Plan.

Please provide as much detail as possible about the issue you're having as well as advise days/times you won't be home or is not convenient for you (so our team can attend to other duties in the meantime).

We remind you that the Grounds & Maintenance team do not have the authority to approve requests which is why **ALL** requests must be lodged via Village Reception.

Waste Storage Facility

Signage has now been installed at the waste storage facility and we remind residents that bins stored in this facility will be available for the disposal of general household waste, organics or recycling only during standard operating hours of 8am to 3pm each weekday. The facility will be locked after this time, on weekends and public holidays. CCTV will be installed at this area shortly. Please

DO NOT place items outside the fence after the facility has been locked.



Disposal of Bulky Goods

If you have a bulky item such as a suitcase, piece of furniture, fan, pots, mattress or similar to dispose of, that is **NOT** general household waste, please phone Village Administration on 6653 1241 to lodge a MEX request for removal/disposal (fees/charges may apply depending on the item). Alternatively, you or a family member can take bulky items to the Coffs Harbour City Council Community Recycling Centre at Englands Road.

Welcome St Joseph

The Mouth of Truth has been relocated and St Joseph is now welcoming everyone to the Chapel. Thanks to those residents who have given him some botanical decoration.



Water Remediation Works

With the removal of vegetation at the north end of the village as part of our bushfire season preparation works, some remediation to prevent erosion was required. All reports are that it has worked a treat with the recent rainfall.



Mater Christi

A new Colorbond fence and trim of the lomandras on the bank to the rear of House 4 has vastly improved the outlook from the ring road.



Apartment Living

Here's a new resident at the Apartments who was having a lazy sleep in the sun. He must be appreciative of the landscape works that have been done to the bio-drain area at the back of the Apartments.



Say hello to the Grounds & Maintenance Team when you're next Around the Grounds!

Cheers
Graham Oliver
Grounds & Maintenance Supervisor



For your information

Mobility scooters are mobility aids with two or more wheels and have a top speed of 10km/h on level ground. When using your mobility scooter, you're considered a pedestrian. You must follow the same road rules that apply to pedestrians. This means that as long as you meet the safety rules below, you can use your mobility scooter on a shared path, footpath and nature strip.



A bicycle path is an area that looks like a footpath, but is designated for bicycle use. A bicycle lane is an area that's part of a road, but is designated for bikes. We recommend mobility scooter users don't travel on either a bicycle path or a bicycle lane. However, you can cross a bicycle path/lane, use a bicycle path if there are no signs that prohibit it and use a bicycle lane for up to 50 metres.

You don't need to register or get third-party insurance for a mobility scooter in NSW. People with mobility scooters don't need a licence to use one in NSW.

(<https://www.transport.nsw.gov.au/roadsafety/pedestrians/mobility-scooters>)

Ukulele for beginners



Ukulele now offers 45 mins of Ukulele for Beginners prior to the Ukulele Group. Come and try and have the time to practise and learn with our friendly Ukulele Group.

Link trading Hours over Easter

The Link will be closed:

Friday 29th March
Saturday 30th March
Sunday 31st March and
Monday 1st April 2024





MARIAN GROVE NEWS

Movie

Saturday 27th April

“Somewhere in Time”



1:30pm

in the Recreation Centre

\$3.00 entry donation

**Lucky Door Prize and
afternoon tea**

The Marian Grove Office
will be **closed:**

**Friday 29th March and
Monday 1st April**

Wishing you a lovely Easter
break.

Residents' Luncheon

Tuesday 9th April

12pm

Recreation Centre

Cost \$14



**Menu: Roast Lamb with Gravy, Baby
Potatoes and Vegetable Medley**

**Dessert: Apple/Peach Slice
with Ice Cream**

**RSVP: Marian Grove Office on
6653 1241**

March Sudoku solution

8	7	4	3	6	5	1	2	9
6	2	3	1	9	7	4	8	5
5	9	1	8	4	2	6	3	7
3	6	5	9	2	4	8	7	1
7	4	2	6	8	1	9	5	3
1	8	9	7	5	3	2	4	6
9	3	6	4	7	8	5	1	2
2	1	8	5	3	9	7	6	4
4	5	7	2	1	6	3	9	8



Marian Grove

Important Information

Safety Link Devices

Please remember to test your Safety Link pendant monthly.

Instructions to test:

(a) Upon installation of your new Safety Link device by staff you will be given a date to test your unit each month.

(b) When this date occurs press the grey button on your pendant.

(c) Safety Link will then ring back through the white box device to confirm that the alarm has come through.

(d) You have then completed the testing and no further action is required.

(e) In the event of a medical emergency press the grey button on your white pendant and Safety Link will contact you through the speaker device to determine if you require medical assistance.

(f) Please note that the Safety Link pendant is waterproof and can be worn in the shower.

Marian Grove Resident Medical Information

If you activate your medical response pendant and the ambulance is called, vital emergency information paperwork should be available behind your front door. This information provides the hospital with your personal details, current medication and Medicare Number. It is important to keep this information up to date and any changes can be made by contacting Marian Grove Reception 6653 1241.

Transport Bookings

Vehicles can be booked for medical appointments only from 8.30am until 1pm - Monday to Friday. Please contact Marian Grove Reception prior to the day of your appointment to request transport.

Key Safes

Individual key safes for residents are available from Marian Grove Reception for \$35 each.

Golf Buggy Transport

A recommendation to wear the seatbelt when using the transportation of our golf buggys.

Shopping Bus

The bus is available for shopping on the following days:

Monday

Toormina Shopping Centre 9am until 11am
Toormina Shopping Centre
10am - 12noon

Wednesday

Toormina Shopping Centre 9am until 11am
Toormina Shopping Centre
10am -12noon

Friday

Coffs CBD and Park Beach
Plaza Shopping Centre -
9am returning 11.45am.

Maintenance and Grounds Requests

For any maintenance or grounds requests please phone 6653 1241. Please advise the office when logging the request if there are specific days or dates you will not be home so this can be recorded with your request.

After Hours Maintenance Emergencies

In the event of a maintenance emergency outside office hours (8.30am - 4.30pm Mon to Fri) please phone 0417 468 043.



Community Notices

FOR SALE

High quality wheelchair. For sale for \$600. Please phone Peter on 0421 056 379



FOR SALE

Configura Comfort Chair: it has the ability to tilt-in-space, an adjustable rise angle and reduced shear. It has an easy-clean fabric, drop-down arm, in-rise position, lateral support, profiled headrest and comfort seat cushion.

\$600

Call Darcy Locke
6658 3285 or
0459 506 577

FOR SALE

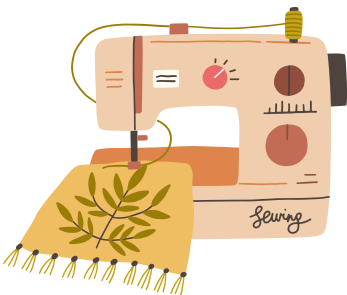
Mobile Electric Scooter: Tzora Easy Travel. In excellent condition, with new battery, battery charger and basket tray: ~~\$1500~~ **\$900 ono.**

Ph: 6653 4235 or
0408317244



Wanted:

Sewing cabinet table
Contact Bec at Mater
Christi
02 6658 6133



FOR SALE

Printer
\$30 Ono
Call Tom Maginnity
0427532159



FOR SALE

Recliner chair. Good condition. On sale for \$500. Please phone Mary on 0413861894



Community Classifieds

If you have something you would like to sell through

our Community

Classifieds, please email a description, price and photos (if applicable) to: mgreception@scca.net.au

or

mcreception@scca.net.au

Please also advise when items sell, so we can remove the advertisement.

RIDDLE

Q.

Why is everyone so tired on April 1?



A.

Because they've just finished a long March!

SUDOKU

		4	5		9	7		
	3						8	
	7	5				6	1	
5			9	8	6			4
7			3	1	2			8
	2	3				5	6	
	5						4	
		1	4		7	2		



Word Search

v e t e r a n l o n e b u g l e r c p t
a o y n z i v i o l u m x p u x v b k r
v w a m j y z p t c h g b p r s o p o q
j m q y m l t o q t l y m e c i b s m c
w r n u z q q k a k x c i a w l g v h o
q w r p c e r e m o n y m c v e u f x m
c f d j s s r d e c e i u e l n a h l r
y b k o j w r y t c e z x f x c w l z a
r o r g u u a h i m v n w u y e a u g d
v k c a o d g v u e a v o l c c h y y e
s l z n c i r k q x o x q t e s f z x s
u e o a l e n a t i o n a l a n t h e m
c h z f s n y r l o o m g a s p t b l m
r n l n w t e i q t z u j s t q h l a f
a a w f e b h z d w b z p t v v d f g c
h a o w m s k n b c n b d p q u i e t k
d p a e h a a c o m m e m o r a t i o n
t h m s r t r e f l e c t s g w f y a n
a e g d s m k w h t p n t t b j t n s e
r b q r h r u y r e v e i l l e t j n n

Anzac Day

bugle call

cenotaph

ceremony

commemoration

comrades

dawn service

half-light

honour

Last Post

lone bugler

national anthem

peaceful

quiet

reflect

remember

Reveille

silence

stand-to

veteran

wreath





From our CEO

Courage, Love, Respect, Justice

Dear residents, staff, volunteers and families,

I hope you are finding these newsletters informative every month, and I would appreciate your feedback to Megan Harrigan (meganharrigan@scca.net.au) on how we might improve this magazine in future editions.

A raft of major maintenance and capital projects continue across our facilities to keep the property safe and functional.

I apologise for the inconveniences these projects will involve in the short term.

Thank you to the residents, including Village Resident Committee members working with us to design the recreation centre upgrade.

Marian Grove and Mater Christi residents and staff have rallied behind toddler Eleanor Blake, daughter of our Deputy Director of Nursing, Catherine, who is battling a degenerative bone disease and requires frequent and ongoing treatments in Sydney. Fundraising activity includes bottle and can collection in bins located at various locations, including outside Mater Christi, the Recreation Centre, and the New Release basement. If you have any bottles and cans that have the 10c refund stamp on them, please place these in a bin to help raise funds for the Little Wings Charity that provides free transport for the children being treated in the cities.

We have welcomed several new staff onboard recently, including Kayla Collett in Finance, Saugat Rakya, Denise Burke, and

Kim Dingle as Personal Carers, Richard Vicencio and Nicole Vaughan in Hotel and Catering Services. Please make them welcome when you meet them.

Thank you to our tireless grounds, gardens and maintenance team, including Jay, Nathan, Lachie, Josh, Roland, Gary and Paul in Mater Christi for all the work you do before and during summer to keep our grounds and property safe, clearing undergrowth, pruning bushes, and working with contractors on fire prevention and safety measures. We appreciate your care and attention to detail.

I want to acknowledge the great work of our volunteers across the Village and those supporting our frail elderly people in Mater Christi. The assistance you provide to our people is uplifting and life changing, and we could not manage all we do without your help and kindness.

Upcoming is April Falls Awareness and Prevention Week, along with our ANZAC Day service later in the month. Next month we have Mother's Day to plan for, and on our Feastday of Our Lady of the Way in May we will celebrate the 25 year Anniversary of Mater Christi opening.

Until next time stay safe and well, and sow kindness wherever you can.

Michal Darragh

CEO

Sawtell Parish & Sawtell Catholic Care